



**How to join the
consultant face and fix
burnout conference call
(etiquette and timings)**

By
Bernie the burnout goose

Please read before joining each call to remind yourself



The call is scheduled to be 30 minutes which is short but the attendees are busy people and may well have burnout (attention and focus may be reduced). Feel free to leave at any time. No need to say goodbye :-). If discussion/engagement is lively - it may go on longer but no more than 1 hour.

Feel free to email any questions on the topic by email to geese@burnoutgeese.co.uk before or during or after the call. We can't guarantee answering them live on the call but your questions will help us steer future calls.

If anyone begins to offload about work they may be muted (sorry but the aim of the call is to learn about burnout - not to be a therapy/rant session - tempting though the latter is!)

Please don't sign in with your full name - just first name or nickname. And don't make any references to location/ place of work or speciality.

In smaller groups folk may be unmuted to contribute. In larger groups this may be less workable.

We will be seeking feedback post call via an optional online form. There will be no need to add an email unless you'd like some more information from the geese. We merely want to improve things or gauge whether to continue with the calls longer term. Dates are set for 2026 only for now.

We do not curate who joins. It is very likely to be consultants and unlikely to be anyone else - but just be mindful that we have not checked GMC membership (which is the only way to be certain but we felt that was a somewhat off-putting step!).

We may at times make a reference to a "diagram" or two and so if you can get the page <https://burnoutgeese.callin> live on your phone you will be able to see the visual/s uploaded for that call.

Joining from a mobile will use your free minutes.

